

2011 Gold's Gym Treasure Valley Results

Over 40 athletes competed in the 6th annual natural pro-am Gold's Gym Treasure Valley Bodybuilding, Fitness, Figure, Bikini & Men's Physique Championships. The athletes performed to a very enthusiastic crowd at the Boise State Special Events Center on Saturday, April 2, 2011. The results from that competition are as follows:

Men's Physique

1st- Aaron Minegar / Boise, ID

Master's Men (Over 40)

1st Tim Birkle / Boise, ID

2nd Yezid Morales / Yakima, WA

Grand Masters Men (Over 50)

1st Lindsay Knight / Kodiak, AK

Open Women

1st Kristi Dohner / Boise, ID

Light Weight Men's

1st Caine Daugherty / Forest Service Barn Ely, NV

2nd Adrian Rodriguez / Boise, ID

3rd Alex Turner / Eagle, ID

4th Lindsay Knight / Kodiak, AK

Heavy Weight Men's

1st Dave Mark / Ketchum, ID

2nd Darren Conroy / Meridian, ID

3rd Nick Holt / Boise, ID

4th Chuck Reed / Boise, ID

5th Dylan Clagg / Boise, ID

Women's Bikini

1st Mallory VanPaepngem / Meridian, ID

2nd Mariah Miller / Eagle, ID

3rd Chelsea Reeves / Boise, ID

4th Tammy Preston / McCall, ID

5th Jennifer Daugherty / Forest Service Barn Ely, NV

6th Holly Harrelson / Meridian, ID

Novice Figure Women

1st Tracy Carter / Spokane, WA

2nd Denay Rogers / Boise, ID

3rd Holly Harrelson / Meridian, ID

4th Retta Ross / Boise, ID

Women's Figure Over 35

1st Tracy Carter / Spokane, WA

2nd Elizabeth Durrell / Eagle, ID

3rd Debra McSparrin / Boise, ID

Women's Figure Short

1st Kristen Sangster / Meridian, ID

2nd Kendra Segali / Eagle, ID

3rd Elizabeth Durrell / Eagle, ID
4th Shay Lyn Massey / Boise, ID

Women's Figure Tall

1st Amber Alexander / Boise, ID
2nd Tracy Carter -/ Spokane, WA
3rd Lauren Lillo / Nampa, ID
4th Heather Riniger / Boise, ID
5th Menite Milien / Boise, ID
6th Lori Mendez / Meridian, ID
7th Emily Berquist / Boise, ID

Overall Winners

Overall Masters – Lindsey Knight / Kenai, Alaska
Overall Bikini – Mallory VanPaepgnem / Meridian, ID
Overall Women's Figure – Tracy Carter / Spokane, WA
Overall Men's Bodybuilding – Caine Daughter/ Forest Service Barn Ely, NV
Overall Team - Gold's Gym - Boise
Best Poser (Women) –Kristi Dohner / Boise, ID
Best Poser (Men) - Yezid Morales / Yakima, WA