

The 2012 ABFF Clearwater Super Natural Pro Am BODYBUILDING, FITNESS, FIGURE & BIKINI CHAMPIONSHIPS Pro Qualifier!

Saturday, February 25th, 2012

At Countryside High School Auditorium

3000 State Road 580

Clearwater, FL 33761

Pre-Judging at 10 AM * Evening Show at 6pm

Qualifications Entrants must be 3 year drug free and random drug tested will be completed with no extra charge to the athlete. There is no additional charge to be an ABFF member.

Masters Men must be over 40 years of age. Junior Men must be 20 years of age or under. Proof of age birth certificate copy or current drivers license must accompany any masters or junior entries.

Entry Fee: \$50.00 per class. **Crossover Fee: \$30** Cashier's check or money order preferred, made payable to: Dana Ailor; PO Box 6076; Clearwater, FL 33758

Entry Deadline: Application must be submitted **no later than February 18th, 2012.** A late entry fee of \$70 will be due to event information and programs.

Awards: Awards for the top 5 competitors in each class, swords for overall winner and awards for Best Poser, Most Muscular, and Overall Team Award.

Guidelines: All competitors will follow ABFF rules, guidelines, and mandatory poses. No moon poses. Section VII under ABFF guidelines states: "Poses that include lying down on stage are not allowed. Feet must remain flat on the floor. "Metallic suits are not allowed. Jewelry is not allowed (wedding bands are acceptable). Previous overall winners are now eligible to repeat if they have not placed in the top five in a national-level contest, and don't need to re-qualify. Women may wear multi-colored suits and jewelry in the evening show. Figure, Rules & Guidelines are a 2 piece suit. **All Athletes are subject to drug testing.** For information and a full list of banned substances go to alaskabodybuilding.com and download application.

Music: CD's MUST be BLANK except for the one piece of music being used & must be free from distortion. Mark CD with competitor's name with a maximum length of 60 seconds of music. **ABSOLUTELY NO PROFANITY!** We reserve the right to refuse any CD's not meeting these standards.

CD's must be turned in at WEIGH-IN!

MANDATORY SCHEDULE FOR ALL COMPETITORS:

WEIGH IN/CHECK IN:

Friday February 24th 6PM: **MANDATORY** Competitor Meeting & Weigh-In at **Baymont Inn & Suites 26508 US Highway 19 N, Clearwater, FL 33761.** You will weigh in, be assigned numbers & check in music at this time. Remember to bring your CD to weigh-in. Weigh in must be done in posing attire.

At Countryside High School Auditorium (3000 State Road 580; Clearwater, FL 33761)

PREJUDGING: Saturday, February 25th, 10:00 am All competitors must be ready at 9AM.

CHECK IN: Saturday, February 25th, 5:00 pm All competitors must check in no later than this time.

MAIN SHOW: Saturday, February 25th, 6:00 pm Evening Show will begin promptly at this time. ☺

Entry forms available on the web: <http://www.alaskabodybuilding.com> or email: dana@dnutrition.com

Host Hotel: Baymont Inn & Suites (26508 US Highway 19 N, Clearwater, FL 33761)

Phone: 727-796-1234; Mention show for \$59.99 rate! (Please bring your own sheets)

Ticket Prices: Prejudging ~ \$10; Main Show ~ \$20

The 2012 ABFF CLEARWATER Super Natural Pro Am BODYBUILDING, FITNESS, FIGURE, & BIKINI CHAMPIONSHIPS

"Please print or type legibly"

Name: _____

Occupation: _____

Age: _____

Titles and/or Hobbies: _____

Street Address: _____

City: _____

Gym Name & City: _____

State: _____ Zip: _____

Sponsors: _____

Phone (h): (_____) _____

Special Thanks: _____

phone (w): (_____) _____

email: _____

In consideration of accepting this entry, I, hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against the ABFF, Performance Promotions, their agents and representatives, for any and all injuries suffered in connection with the contest and in traveling to and from it. By signing this form, I affirm that I meet all eligibility requirements for the contest which I am making application to enter. Further, I agree to hold harmless and waive and release all photo rights for media (TV, magazines and newspapers) for the purpose of promoting body building and FIGURE through the sale of video tapes and photos and any network, cable or local TV airing.

Contestant's Signature: _____

Guardian's Signature (if under 18): _____

"Please check competition entered"

MEN'S OPEN

- Light Wt (176 lbs & under)
- Heavy Wt (176lbs and over)
- Junior Men (20 & under)
- Novice Men
- Masters Men (over 40)
- Masters Men (over 60)
- Mixed Pairs / name of partner:
- Men's Physique

WOMEN'S OPEN

- Open Women
- Novice Women
- Teenage Fitness (10-19 yrs)
- Masters Women (over 35)
- Novice Women Figure
- Women's Fitness
- Women's Figure 5'4" & under
- Women's Figure 5'4" & over
- Women's Figure 35 & over
- Women's Figure 50 & over
- Mixed Pairs / name of partner:
- Bikini Division

Total Amount Enclosed for Entry Fee

	\$ _____
--	----------

DANA AILOR
P.O. BOX 6076
CLEARWATER, FL 33758
Email: dana@dnutrition.com
253-225-1576
Web: <http://www.alaskabodybuilding.com>