

The 2010 Anchorage Pro-Am Natural Bodybuilding, Fitness, Figure & Bikini Championships were held Saturday October 2nd, 2010 at the Williamson Auditorium. Over 25 Athletes competed in this year's competition.

* Shawn Wolfe of Elmendorf AFB won the men's division and the overall. **Shawn was awarded the title of Mr. Anchorage and earned his pro-natural card.**

* Robert of Wichita KS won the men's pro-division \$1500.00 in prize money.

* Dawn Toth of Kuna, ID won the women's pro- figure with prize money of \$500.00.

* Lindsey Knight, AK Grand Masters, 5 times champion was introduced into the Hall of Fame.

The next ABFF natural competition is March 26, 2011 at the Williamson Auditorium.

Results as follows:

Women's Fitness

1st-Amanda Keever

Anchorage, AK

2nd-Virginia Horsey

Fairbanks, AK

Novice Women

1st-Kimberly McMilin

Soldotna, AK

Masters Women (over 35)

1st-Melanie Redington

Wasilla, AK

Women's Bikini

1st-Paulene Mitchell

Anchorage, AK

2nd-Jessica Fulton

Anchorage, AK

3rd-Kathryn Petros-Geddie

Anchorage, AK

Women's Figure 5'4" & Over

1st-Lissa Cristrano

Soldotna, AK

Virginia Horsey

Fairbanks, AK

3rd-Jennifer Nussbaum

Soldotna, AK

4th-Kristine Kintz

Anchorage, AK

Pro-Natural Figure

1st-Dawn Toth

Kuna, ID

2nd-Lissa Cristrano

Soldotna, AK

3rd-Amanda Keever

Anchorage, AK

4th-Paulene Mitchell

Anchorage, AK

Junior Men

1st-Jerry Fetta

Wasilla, AK

Novice Men

1st-Robert Williamson
2nd-Brian Gilbert USMC

Wichita, KS
Kodiak, AK

Masters Men over 40

1st-Rodney Wild
2nd-Brad Drake

Chugiak, AK
Wasilla, AK

LT. WT. Men 176 & Under

1st-Shawn Wolfe
2nd-Ian Leach

Anchorage, AK
Anchorage, AK

Heavy Wt. Men 176 & Over

1st-Rob Crews
2nd-Douglas Bittinger

Anchorage, AK
Wasilla, AK

Pro-Men

1st-Robert Green
2nd-Craig Toth
3rd-Walter Barr

Wichita, KS
Kuna, ID
Manhattan, KA